

# VALUE EDUCATION

BY SHORT FILMS ON MORAL VALUES

COMPUTER

ENGLISH

ECONOMICS

CIVICS

PHYSICS

**SANSKAR  
SRIJAN**

SANSKRIT

MATHS

CHEMISTRY

HISTORY

DANCE

HINDI

Humane Endeavour  
for  
Moral Awakening



**HEMA**  
FOUNDATION

नैतिक जागृति  
हेतु  
मानवीय प्रयास

# हेम दिशा

*giving wings to YOUR dreams*

**HEM DISHA** is a book to supplement the powerful message in the film. It is a collection of reading and activity materials under twelve categories. These are:

- **INTRODUCTION OF THE SUBJECT**
- **LIFE SKILL QUESTIONS**
- **QUOTES**
- **SANSKRIT SHLOKS AND SAMVAD**
- **MORAL STORIES**
- **POETRY**
- **INSPIRATIONAL PLAY**
- **GAMES / CROSSWORD / PUZZLE / SCRAMBLE**
- **PAINTING**
- **SONGS**
- **PLEDGE**

**छोटे कदम..... बढ़ते कदम.....**



After taking a pledge or a resolution, we need to begin our journey towards the value with small steps which move forward. These steps are small yet very significant.

Little activities involving children as individuals and as teams will inculcate qualities of responsible citizen, thus realizing the mission of Hema Foundation and vision for nation.

Children should get curious and engage themselves into activities which will make them assertive, confident, self-reliant and smart.

**प्रेरक जीवन..... प्रेरक प्रसंग.....**



A discussion about imbibing values from inspirational events of great personalities shall be conducted.

# "वसुधैव कुटुंबकम्" -

जहां एक ओर पूरी वसुधा अर्थात हमारी पृथ्वी को एक परिवार के रूप में बांध देता है, वहीं यह भावनात्मक रूप से मनुष्य को अपने विचारों और कार्यों के प्रभाव को विस्तृत करने की बात कहता है।

Vasudhaiva Kutumbakam is a Sanskrit phrase found in Hindu texts such as the Maha Upanishad, which means "the world is one family."



सर्वे भवन्तु सुखिनः सर्वे सन्तु निरामया ।  
सर्वे भद्राणि पश्यन्तु मा कश्चित् दुःखभाग् भवेत् ॥

सभी सुखी हों, सभी रोगमुक्त रहें, सभी मंगलमय घटनाओं के साक्षी बनें,  
और किसी को भी दुःख का भागी न बनना पड़े।

May all be prosperous and happy. May all be free from illness.  
May all see what is spiritually uplifting. May no one suffer in anyway.  
Om peace, peace, peace.



## Vision

हेमा फाउंडेशन का मुख्य उद्देश्य- "बच्चों में अभिभावक, समाज व राष्ट्र के प्रति नैतिक जिम्मेदारी का बोध करवाना है, जिससे वे जागरूक एरा उत्तरदायी नागरिक बन सकें।"

Hema Foundation aims to cultivate better and compassionate understanding in children of their responsibilities towards Self, Family, Society, the Nation at large, and help them become better human beings.



## Mission

हेमा फाउंडेशन का लक्ष्य (मिशन) है- नैतिक मूल्यों की ज्योति को प्रभावी एवं सशक्त रूप में योजनाबद्ध और चरणबद्ध तरीके से अधिकाधिक स्कूलों, छात्रों व शिक्षकों तक पहुँचाएं।

Reach out to as many schools, teachers and students  
Imbibe and reinforce moral values in a planned and  
phased manner.



## HOW DO WE CONDUCT THIS?



Interactive session  
5-7 mins.



Narration of a story  
5-7 mins.



Playing of Film  
18-20 mins.



Resolution  
2 mins.

### Part 1 & 2



#### RAJ KUMARI KI DAKSHATA

In this story , a sculptor openly challenges the king to solve a puzzle posed by him. The king and his courtesans try their very best but are unable to solve it. Watching the discomfort of her father, the princess, confronts the challenge with all her dexterity, solves the puzzle and dents the pride of the sculptor.



#### DAGDU - KAHANI SANKALP KI

It is observed that when faced with small challenges and non-acceptance in life , children develop an inferiority complex. An obese boy when made fun of, loses confidence and goes in to a shell, missing out on opportunities to move ahead in life. This story is of a boy, whose name leads to a complex he cannot get over.



#### THE REAL GOD

We find all the love and affection from our parents. They worry for us all the time and take care of our every little need. They do everything for us and ensure that we are out of harm's way always, even at the cost of being hurt themselves. We tend to believe that their love for us is actually their responsibility. We believe that whatever they do for us is their duty. But is such a thinking correct? With this short film we wish to create awareness that is Parents who are our real Gods.



#### ATHANI KI KHUSHI

In old age. People suffer from a small emotional weakness. They start having expectations from their children. They desire that their children should understand their emotional needs and give them these small joys but the irony is that the children have everything but these small joys, which are very inexpensive and so they deprive the elders and cause sadness to them.



#### ALAASHYA KA ROG

It has been observed that some children are habituated to making all sorts of excuses to stay away from work. Samir is one such boy whose methods upset his parents.



#### ABHAY

To get scared or to scare somebody by itself is not at all a measure of bravery or cowardice. The person who gets scared is one who is unaware of the situation and the person who scares the other is at the top, but this situation is of his own making. And so in such situation one person commits the mistake of considering himself weak and the other commits the mistake of considering himself strong and capable.



#### AASHAYE

Hope, is the faith that a person has of achieving positive results connected with the incidents of life and the circumstances. Hope is different from the Optimistic thinking which points to a treatment or regular process which is used in psychology to counteract the Pessimistic mental state.



#### AADAT

Every person has some bad or strange habits. Some have the habit of never being punctual some have the habit of telling lies. Some sleep till very late, some make noises while chewing and eating. Every one of us want to change our one or the other habit. Some do succeed in changing them but some remain helpless. Well, as long as your some habit does not create any problem for someone else, It perhaps does not matter, but if they influence someone else's life negatively then it is necessary to change it, Otherwise they could create problems for you and someone who is near and dear to you.

# SYNOPSIS OF SHORT FILMS →

## Part 3 & 4



### SUKOON IMAANDARI MEIN

It is so important to be honest to be able to find happiness in life. Honesty not only in work, but also in behavior, words and complete demeanor. Our this story is of a kid, who loses all peace and happiness due to a small greed.



### SAADGI AUR SARALTA

Times have changed so much that we have forgotten the definition of Idols. We idolize those who live in a world of showmanship and flamboyance, whereas our Indian culture has produced great men with such immense knowledge and talent that the world bowed before them. This story is an attempt to show that despite being modern we can walk the path of simplicity and achieve greatness.



### ANUKARAN

Our this story is based on those children who compete with their classmates on every possible thing. If a classmate does anything apart from studies, the other immediately starts copying him or her, without even thinking about the end result and understanding whether the task can be accomplished or not.



### SANGATI

Friends are an integral part of our lives, who can influence us both negatively and positively. So it is important that we make the right choice of friends as this would significantly determine what kind of human beings we become.



### JIGGYASA

Curiosity is the need to know something new. This is a story of parth who is extremely inquisitive. Every child has an inherent ability of inquisitiveness. Curiosity is parth's talent, which some people fail to understand.



### VALUE OF TIME

Time is such a small word but its power supercedes the whole universe. Even our planet earth is bound to move in time. Just imagine the consequences if the earth were to take 23 hours instead of the usual 24, to revolve around the sun. When such a power follows time, how important it is for people like us to honor time.



### YASH KA LUCKY T-SHIRT

Even today, quite a few of us believe and are deeply influenced by things we consider lucky. There are people who find some number lucky, some color lucky. But is this really true? Can a thing, place, way, direction, number or color be lucky and influence one's rationale? To find out, watch this film.



### SEVA BHAAV

This is a story of a boy named Raju, who just cannot bear to see any one in trouble. He is always willing to extend a helping hand selflessly, expecting nothing in return. It is said that any good work never goes waste. Does Raju get rewarded for his good deeds?? To find out, watch this touching story.



# ON MORAL VALUES

## Part 5 & 6



### THE IMPORTANCE OF TRUTH

It is essential to know the importance of truth. It is observed that for small and short term gains man resorts to lies. He does not even realise when these lies become a habit. This story tells us that hiding the truth and accepting lies could prove so costly ...



### SAHAS

Unexpected situations often come up in life. This is a story of two children at home, whose parents are out for a party. Sensing an opportunity, two dangerous thieves enter their home. To know how the two children bravely tackle the situation, watch this movie "sahas"



### NAZARIYA

The Lord blessed us with two eyes to see and a brain to analyze and understand. Using these we are able to form what is called a view point. This story is of two students who look at the world differently realizing the importance of a view point.



### AASTHA

In today's Digital world, it is difficult for some people to have Faith in God. They believe that God does not do anything. It is we who make things happen with our hard work. And then there are people who believe in working hard and have immense faith in God. Every day they never forget to thank God and keep working towards their goals. So whom do we follow ? The ones who have no faith or the ones who have unflinching faith in God? Perhaps this story has an answer to our dilemma.



### PAROPKAR

Many a times, the happiness felt when helping others , is much above what is felt when doing something for self. This is a story of a girl who is always ready to help. Such people win the hearts of not only their family but of all whose lives they touch.



### SWACHHTA

People keep their own house clean but when it comes to the subject of keeping their neighborhood, their city, their country clean, then they feel that it is some one else's responsibility. Therefore we have limited hands who clean and unlimited hands who spread garbage and filth. Do you not feel that some more hands should also join the limited hands who would take responsibility on themselves to promote this "Swachta Abhiyan - Cleanliness Movement", this commitment and forge ahead!..



### SACCHI LAGAN

True involvement is the quality which takes the man to his desires goal and aim. There are other ingredients also which are needed for success but as oil is the most needed matter for lighting a lamp, similarly true and deep involvement is a necessary element, for achieving success, If there is a dearth of this quality then we would not be able to achieve anything inspite of having all other materials and instruments.



### ANUBHUTI

If it said that as God cannot be physically present everywhere, so he created a mother. Mother is also the first and the greatest "Teacher, Guru" of a child. She desires to give every type of happiness to her child. But a mother finds it difficult to look after her child, if she does not have a husband to give her support. But inspite of this the mother never accepts defeat; she continues to make every possible effort for the happiness and a golden future for her child.



## Part 7 & 8



### DAYITVA

Often It Is parents who worry about their children and make plans for their future but there are some children who from very young age are farsighted and make plans for the entire life of their old parents. Can there be anything more that children can do as a duty towards their parents?



### SADBHAV (VINAMRATA KE SAATH)

Success usually brings in arrogance and vanity. Some people consciously manage to stay clear but some people are unable to do that. This story is of Dr. Avinash, a successful doctor but an arrogant person.



### MRIDUBHASHA

All like to be in the vicinity of a person with whom they feel happy communicating. It is our sweet speech which attracts people to us. Despite this, many people choose to be arrogant and impolite, inducing bitterness.



### KARTAVYANISTHA

Friends, we always tend to believe that with money we can buy or destroy anything, just because we have paid for it. Though we have paid for them, the resources we have are a property of the society and nation at large. Even today, there is a large segment of population which barely manages a square meal. There are villages where there is no light, no drinking water. Despite knowing all, we continue to waste and ill-treat these resources, ignoring our duties and obligation. The following story depicts our insensitivity ...



### DHAIRYA

Time gives its legacy to only the strong and brave. This is absolutely true but to retain this legacy some special qualities are required. We can learn from the life story of a great warrior Maharana Pratap. To protect his motherland he fought all his life, spent days in forests, suffered all sorts of hardships, even went without normal food and had to eat bread made out of forest grass! Can there be a more glorious example of courage, bravery and fortitude!



### GOOD LUCK

Praise, appreciation! It feels good when someone praises you but you should realize that you do not get it easily you have to earn it, by your work, by skill. If you see that somebody has become worthy of sweet words of praise today realize that he must have heard some bitter words too in the past. races, ignoring our duties and obligation. The following story depicts our insensitivity ...



### SANSKRUTI

Culture is called the traditional but progressive life style of human beings. Culture is the invaluable property of a country, If the country can be called a body then the culture is its soul. It is a legacy of our ancestors and to save, protect and preserve it is our collective responsibility so that the generations who are with us and would come after us also can know and understand it. If the culture is destroyed then the very foundation of civilization is shaken. Culture contains some bases which keeps it alive.



### KUCH TUM BADLO, KUCH HUM

A family is not made of one person. It is made of many persons so it is not the responsibility of only one person to keep it intact but all of them should do their share of the work. Old age is a mid-way station and everyone has to come to it, some time or the other. It may happen that those very same habits of your elders, which are irritable to you today may become a part of your nature and perhaps your children may not like it. Similarly even the elders need to modify their views and attitudes in keeping with the changing times.



# HEMA FOUNDATION

**HEMA FOUNDATION** is a philanthropic arm of Ram Ratna Group which works towards imparting CULTURAL & MORAL EDUCATION to children at a very impressionable young age. The foundation looks to enlighten children about the key roles played by parents and society in shaping them into fine individuals. It aims to cultivate better and compassionate understanding of their responsibilities towards Self, Family, Society, the Nation at large, and help them become better human beings.

The importance of Value Education has been long recognized but the methods to impart have not been definitive. Seeing is Believing. There is no impact quite like a visual impact. With this understanding, the foundation has produced few short films on Human Values with strong meaningful messages. An interactive session between the teacher and the children on the relevant subject, followed by playing of the documentaries and ending with resolutions, would be an high impact method to drive the point across into the hearts and minds of children.



पूज्य स्वामी श्री गोविन्ददेव गिरिजी

**Geeta Pariwar** was founded 30 years ago by Pujya Swami Shri Govind Dev Giriji (formerly known as Shri Kishorji Vyas) in Sangamner (Ahmednagar district) for development of Sanskar & moral values in children, through Sanskar Shivirs & weekly Sanskar Kendras. This work has been on for the last 30 years and has spread far and wide across India. Committed Volunteers have been trained to promote Indian culture and help Children imbibe it. The concept of story based value education was developed by Geeta Parivar, from which HEMA FOUNDATION has picked up a thread to do its bit.

सर्व-सद्गुण-सम्पन्ना, गीता-भक्ति-परायणाः ।  
भवितुं जीवनेऽस्माकं, जागृता बालका वयम् ॥  
उत्थाने राष्ट्र धर्मस्य, विज्ञान दृष्टि माश्रिताः ।  
विवेकानन्द मार्गेण, वयं सर्वे समर्पिता ॥



**The Bharat Vikas Parishad** is a service and a ritual-oriented political, Socio-cultural NGO. It is dedicated to the all-round development of India in all areas of human life (culture, society, education, policy, spirituality, nationalism etc). Its goal is "healthy, capable, Sanskrit India".

From 1967 the national group of council patriotic songs contests, in which schoolchildren participate This program is organized from the branch level to the state and national level. Millions of children participate in this competition.

Guru Vandana performs the Student Abhinandan Program every year in which more than 30 lakh students participate. The purpose of such a program is to create awareness of respect for parents and Guru in children.



**Ekal Vidyalaya** (Friends of Tribals Society) is a Movement involved in integrated & holistic development of rural & tribal India. The main activity undertaken in this movement is to run one-teacher schools (known as Ekal Vidyalayas) all over India, in the remotest rural & tribal villages to take the education to every child.

The Ekal movement aims to help eradicate illiteracy from rural and tribal India following the philosophy of rural development based on the criteria of equity & inclusiveness across all the sections of the society.



## PARTNER'S IN SPIRIT:

- ✿ Sanskriti Samvardhan Samiti
- ✿ Indian Development Foundation
- ✿ Keshav Srushti - Bhayander ( Ram Ratna Vidya Mandir, Ram Ratna International School)

## HEMA Foundation

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